

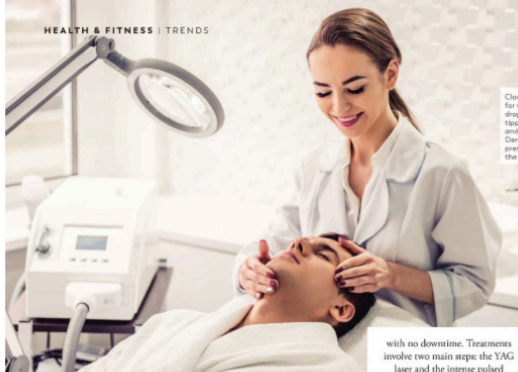
MODERN LUXURY

## MEN'S LOOK

THE MAGAZINE FOR THE  
MODERN GENTLEMAN

CHICAGO

Ryan



HEALTH &amp; FITNESS | TRENDS

Clockwise from left: Don't forget to care for your skin when the temperature drops. Dermalinfusion uses a diamond-tipped exfoliation device to smooth and then hydrate your skin. With Chemoderm's unique vacuum pressure system, you can literally see the results after your treatment.

FACE  
THE WINTER

Here are three treatments to keep your mug in shape when the weather gets harsh.

BY BRITTANY FABR GRUBER

**DERMALINFUSION**  
Dermalinfusion is a noninvasive, three-in-one dermatological treatment that exfoliates with a recessed diamond tip to remove dry and damaged cells. It first uses patented, closed-looped vacuum pressure to remove damaging dirt, debris and bacteria. Then, condition-specific serums are infused deep into the epidermal layers at the skin's peak moment of receptivity. Perhaps the most unique part of the treatment is that everything that's removed from your skin is sucked into a jar for you to see at the end of the treatment. Results include brighter and smoother skin, reduced nasal congestion, an increase in plumpness and hydration, and a reduction in

the appearance of stretch marks. Now offered at the Waldorf Astoria Chicago Spa, sessions are offered at 30, 60 and 90 minutes. From \$180, 11 E. Walton St., [waldorfastoriachicago.com](http://waldorfastoriachicago.com)

**SKIN LAUNDRY**  
Now available at Ulta Beauty on Michigan Avenue, Skin Laundry is revolutionizing the way people clean and care for their skin. Known as the "Drybar of laser rejuvenation," Skin Laundry is famous for taking world-class laser and light therapy out of the doctor's office. The revolutionary treatment vaporizes the dirt and impurities deep down into your pores and rejuvenates skin, leaving it clean, clear and radiant in less than 15 minutes

with no downtime. Treatments involve two main steps: the YAG laser and the intense pulsed light. Skin Laundry has found using the two together proves most successful and beneficial to skin. The first step feels a bit like needles lightly pricking your skin as it vaporizes dirt and excess sebum from pores. However, the IPL is totally painless; it's a series of flashing lights pressed onto the skin, which work to help fade acne scars. Benefits of the treatment include a reduction in pigmentation and a boost in collagen. From \$65, 430 N. Michigan Ave., [ulsa.com](http://ulsa.com)

**GENTLEMAN'S SKIN MAINTENANCE FACIAL**

Get your skin in shape with mySpa's targeted facial-care system designed to convert the rough-and-rumble dude to a refined gentleman. Available at mySpa at Fairmont Chicago, the gentleman's skin maintenance treatment offers a unique way to spruce up tired, haggard skin. Specifically designed to tackle male-specific skin issues such as ingrown hairs, the 50-minute treatment uses personalized products to best suit each facial. From \$125, 200 N. Columbus Drive, [fairmont.com/chicago](http://fairmont.com/chicago)

