

# ENVY MEDICAL IN NEWBEAUTY!



## TOPICAL OPTIONS

### THE EXFOLIATORS

On average, it takes two to three months, if not longer, for discoloration to start to fade. Regularly exfoliating the skin removes some of the damage and speeds up the rate at which clusters of pigmented skin cells turn over, helping to even out the complexion. However, both mechanical (scrubs) and chemical (acid-based products and peeling agents) exfoliators need to be used with caution—overexfoliating can easily lead to inflammation, and potentially PIH.

**GLYCOLIC ACID**  
Find it in: Envy Medical GlycoPeel10; Kat Burki Restorative Dual Acid Peel  
Alphahydroxy acids (AHAs) such as glycolic acid are the smallest molecules of all the AHAs, so they penetrate skin fast and deep.

